



# The Tablet

## St. David's Episcopal Church

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### Sunday Services

8 am Holy Eucharist I

10 am Holy Eucharist II

10 am Church School

### Wednesday Service

9:15 am Holy Eucharist  
& Healing

### St. David's Staff

**Rector:**

**The Rev. Karin Mitchell**

**Priest Assistant:**

**The Rev. Linda Scholer**

**Deacon:**

**The Reverend  
Richard Wisniewski**

**Associate:**

**The Reverend  
Richard Cromwell**

**Pastoral Care:**

**Br. John Baptist, OSF**

**Director of Music:**

**Dr. Camilla Jarnot**

**Rector Emeritus:**

**The Reverend Canon  
Laurence Fish**

**Office Assistant:**

**Mary Beehler**

Dear Friends,

On February 15, your Vestry began their 2008 Vestry working Retreat with Dr. Carroll Sheppard, Congregational Development Specialist with the Diocese of Pennsylvania, down in Ocean Grove. It was a beautiful weekend to be at the beach and we all enjoyed our time there.

We also worked very hard. Following a delicious dinner provided by Dr. Fred Scholer, we got to work on our February Vestry meeting. After this, Dr. Sheppard introduced a questionnaire to us which we worked on in small groups. Then, after some time for fellowship, it was off to bed for an early wake-up call.

Saturday was spent with the following questions: 'Where are we right now? Why is God sending us these people? Who is God calling us to be? How do we help our congregation discern the path that we believe God will open for us?' These simple questions gave us the framework within which to explore our experience over the past year or two at St. David's. It also answered many questions. Our church is in transition and we as a Vestry and clergy needed to really focus on what exactly that means for a church on a day-to-day basis.

It means, among other things, that we are experiencing some stress due to our rapid growth...stress you all feel when you can't find a parking space at 9:58 am on a Sunday morning, stress you feel when the usher keeps trying to give away the seat you have saved for your child who is coming in from Sunday School at any minute, stress that we all feel when Coffee Hour in Croes Hall is so crowded you can barely have a moment to share a thought with your friend or the Rector, when the Narthex is so crowded before the service the Choir can barely assemble, when the pre-school class teachers can't get to their classroom because the Choir is in there robing, when we see all those tables stacked in the hallway...etc. etc. And these are only some of the stories I have heard and observed at St. David's recently! I'm sure each of you has your own to add to the litany.

The good news is that God is indeed sending wonderful people to share in the life of the church we love. The great news is that you have all done such a fantastic job of welcoming and incorporating them into the life of the Parish, they want to be here! The encouraging news is that your Vestry is aware of the crunch that happens from time to time (almost every Sunday) and is addressing ways to ease that crunch.

What your leaders need now is **YOU!** We need you to find out about what is happening at St. David's **AND** to let the Vestry know how you feel about it. We need you to share your ideas and to get involved, to be part of the solution. We need you to be an integral part of whatever plan is put in place over the next months to address the needs of our growing congregation. And of course we need you to pray for your church and its leaders as we ask "how can we care for the people God is sending to us?"

Beginning this month, each Sunday, we will be praying for God's help and guidance as we, together as a community of faithful people, begin to answer this question. I truly believe that God will answer our prayers and that the way forward will become clear to us and we together will step into the future God has in store for St. David's. But first we each need to do our part, and get informed and get involved!

Blessings to you,

**Karin Mitchell+**

# LENTEN NEWS ITEMS



Join us for worship on St. David's Day, Sunday, March 2nd at 10 a.m.  
New Member Sunday featuring Welsh Music & Welsh Food!

**Private Confessions** (The Sacrament of Reconciliation) will be available by appointment with Mother Karin or Mother Linda during Holy Week, from Monday, March 17th through Saturday, March 22nd. To arrange a private Confession, simply call Karin+ at 655-4731 or Linda+ at 306-6614. Do you have questions or would you like more information? Please call one of the priests and we will be happy to talk with you!

**Christian Formation** Committee Meeting will be held on Tuesday, March 11th at 7:30pm. Please note the new time. The meeting will follow the 6:45pm Lenten Quiet Eucharist. We will be reviewing this year's program and discussing plans for the 2008-2009 year.

**Church Office News...** Brother Christopher Lewis has left our office staff after helping us with our transition from our previous office assistant, Lee Troup, to our new office assistant, Mary Beeher. Mary is a resident of East Windsor and has a husband and two teenaged sons at home. Please stop by or call the office to introduce yourself to Mary!

## holy week schedule

Wednesday:	9:15 am	Holy Eucharist & Healing
	7:30 pm	Evening Prayer & Stations of the Cross
Maundy Thursday:	6:30 pm	Passover dinner with foot washing service
	7:30 pm	Holy Eucharist & Stripping of the Altar
Good Friday:	4:30 pm	Family Service
	7:30 pm	Proper Liturgy for Good Friday
Holy Saturday:	7:30 pm	Great Vigil of Easter
Easter Sunday:	9:00 am	Holy Eucharist with St. David's Choir
	10:45 am	Holy Eucharist with St. David's Choir

**SPRING COURSE OFFERINGS**...Have you noticed the new Spring Course Offerings booklets from the Ministry Institute of the Diocese of NJ? Please check one out in the Narthex. The Diocese is offering many courses which are intended to strengthen lay and clergy alike for mission and ministry. Of special interest is the Magnetic Church Conference offered May 2nd & 3rd in Trenton. More information is available in the Parish Office. The offerings are also available on the Diocesan website: [newjersey.anglican.org](http://newjersey.anglican.org) under Ministry Institute.

**ALSO...on Saturday, April 19th, from 10 am to 4 pm...**

**Creating an Awareness of Cross-Cultural Ministry:** Discover what types of multi-cultural ministry are supported by the Diocese. Find out how these ministries fit into the Diocesan vision. Engage in discussion of the possibilities of multi-cultural ministries in your region. Led by the Right Reverent Sylvestre Romero, Assisting Bishop of the Diocese of New Jersey.

## With thanks to...

- ☺ Kathy & Ron Herzog, and all who helped out at the Shrove Tuesday Pancake Supper.
- ☺ Our Vestry, for their hard work at our recent Vestry Working Retreat.
- ☺ The parents of our new Children's Choir, for their faithfulness in bringing their children to practice.
- ☺ Tim Doult, for his work as Treasurer of the Parish.
- ☺ Our NCD Team for their efforts working with our coach, Debbie Crall.
- ☺ Debi Szyglagi, who has been our "flower lady" for the past year or more and will now be giving up this ministry to spend more time on her studies. Thank you, Debi, for sharing your gift with us!
- ☺ Brother Christopher Lewis for his time and efforts in our office over the past six weeks.
- ☺ Anne Benenson, Angela Holman & Barbara Beaulieu, for chairing our Coffee Hour committee.
- ☺ Ed Abramovitz, Donna Munde & Jean McFarland, for attending the Diocesan Convention in Wildwood as St. David's delegates.
- ☺ Dr. Fred Scholer, for the great dinner provided for our Vestry Retreat.

## And congratulations to...

- 👍 Bill & Jill Klun on the baptism of their daughter, Amelia Frances, on February 10<sup>th</sup>.
- 👍 Charles Fischer, on his appointment to the Diocesan Congregational Development Committee.



## MARCH Birthday Wishes to...

1	Maeve Touhey	14	Lindsay Herzog
2	Eileen Uhrik		Rob Sarchiapone
3	Eric John Curry	17	Rebecca Pane
	Myron Whitlock		Frances Rak
4	David Holmes		Lisa Valenti
	Catherine Peters	18	Kathryn Aveni
5	Marc Fischer	19	Kobie Crosley
6	Lauren Black	20	Bernadette Bruce
8	Natalia Walker		Rex van Veldhuisen
9	Rob Ellis	21	Robert Durie
	Paul Szymanski	23	Enid Cush
10	Malcolm McFarland	25	Margaret McArthur
	Cassandra Pane	26	Johnny Fine
	Victoria Pane	27	Gwen Lockhart
11	Cynthia Vetrano	28	Sarah Mitchell
12	Marcy O'Neill		Carol Reeder
13	Richard Morris	29	Jacob Mani
	Deacon Rich Wisniewski		

Happy Wedding Anniversary to Alison Reese on March 31st!



## ST. DAVID'S OUTREACH PROJECT FOR MARCH 2008

The Millstone Basin Affiliate serves the communities of Cranbury, Hightstown, East Windsor, Plainsboro, Washington Twp., and West Windsor as an independent unit of Habitat for Humanity International.

Habitat for Humanity International is a non-profit, ecumenical Christian ministry dedicated to eliminating substandard housing and homelessness worldwide and to make adequate, affordable shelter a matter of conscience and action.

Current Project Underway:

Through volunteer labor and donations of money and materials, the Habitat Millstone Basin Area affiliate has provided decent housing for eight families in our area. We're looking for suitable land for our 9th Partner Home and beyond, now that we've completed Partner Homes 7 & 8. We are in need of financial contributions. **St. David's will help to fund the 9<sup>th</sup> Partner Home that is in the planning stage of construction. March 9<sup>th</sup> is OUTREACH SUNDAY. Please use the Outreach Envelopes available from the Ushers for the second collection basket.**

Perhaps St. David's can get involved in a "hands on" kind of way and donate our time and talent to help construct a home. INTERESTED????? Please contact the Church Office or speak with the Rector.

## *WANT TO JOIN A KATRINA RELIEF TRIP THIS JUNE?*

**St. Paul's Lutheran Church (East Windsor) is planning another Katrina Relief Trip for the week of June 21 – 28 but the work will be done from Monday, 6/23 through Friday, 6/28.** The organizers expect to go to either Mobile, Alabama or Ocean Springs, Mississippi (where five of us from St Paul's went with a group from Prince of Peace Lutheran Church in W. Windsor in 2006). Both of these camps were originally sponsored by the Lutheran Disaster Response but have become very ecumenical.

The costs are as follows: **Transportation**--Aprox. \$250 (Fly to New Orleans) \$300 round trip and get/share a rental car.) Driving averages \$100 - 125 per person for four people in a car. We are also asking each individual to **contribute \$25** to the camp per night to help defray expenses. That provides three cafeteria meals a day, a bed, hot showers, and air conditioning. **Money for incidentals** are estimated at around \$100 - 150 dollars. In the last few years we have gone out to eat once or twice.

Participants should be 16 and over. Exceptions have been made for teens a year or so younger if they are accompanied by their parent(s).

**The work ranges widely.** It includes demolition, framing a new house, roofing, siding and just about anything else you can name. Construction skills are definitely great, but anyone who wants to help is welcome and they will find work.

Our next organizational meeting is Sunday, March 9th, at 12:30 pm at St. Paul's. Anyone from your congregation is welcome to attend! Please circulate my name, e-mail and cell phone as a contact point:

Frank Kettles

609-306-7227

fkettles@earthlink.net

# THE MAGNETIC CHURCH

## ***Please join the Rector in attending this important conference!***

The Magnetic Church Conference is non-confrontational, practical evangelism to help our churches attract and retain new members. The Diocesan Congregational Development Committee is pleased that noted evangelist Andrew Weeks will be presenting this event. To learn more about his ministry, see [magnetic-church.com](http://magnetic-church.com). This event is being sponsored by the Diocesan Congregational Development Committee.

<b>WHEN?</b>	Friday, May 2 <sup>nd</sup> , from 7-10 pm & Saturday, May 3 <sup>rd</sup> , from 9 am-4 pm.
<b>WHERE?</b>	Trinity Cathedral, 801 West State Street, Trenton, NJ 08618 -- 609-392-3805
<b>COST?</b>	\$30 per person (\$25 per person if five or more from a congregation attend)
<b>REGISTER?</b>	Call the Church Office -- 609-655-4731

Andrew Weeks is a "cradle Anglican", born in Canada. After working in Canada, he moved to the USA and worked for Arthur Andersen, Walter Kidde, and in other corporate settings as an executive or management consultant on operations. He began his work as an evangelist helping churches to change their ways of reaching out to church visitors after encountering obstacles in his own search for a new church community, including facing church attitudes that it was "All up to the visitor to figure things out" and "If visitors were really interested, they would figure it out!"

Andrew Weeks resolved to adapt for churches the effective customer-oriented processes used in most of today's successful businesses. He began by writing a "manual": Welcome! Tools and Techniques for New Member Ministry, his first book published in 1992 by The Alban Institute. Concurrently, he began to develop a conference ministry to help empower churches to be more effective and intentional in their evangelism programs. He left his corporate career in 1994; conference ministry is his full time and only vocation.

## **CURSILLO WEEKEND: 6:30 pm Thursday - 6 pm Sunday, April 17-20, 2008**

Sponsored by the NJ Episcopal Cursillo, Diocese of NJ, the Cursillo weekend brings together a diverse group of Episcopalians to share the richness of many modes of worship and to broaden each other's appreciation for our Church. Lay people conduct the weekend with two or three members of the clergy functioning as spiritual advisors. Cursillo presumes that those who attend are already well-grounded in the faith. It is not intended to be a conversion experience, but an enriching and deepening of what is already there. It often provides new insights into our faith as well as fostering ministry among lay people.

The four days are filled with talks and group discussions with emphasis on the doctrine of Grace, the Sacraments, and the great Cursillo tripod: Piety, Study & Action. Plus, there is fellowship, singing, good food, and time for privacy, meditation, prayer, and walks. Holy Eucharist is celebrated each day. The leader will be Darlene Watson, Lay Rector, along with the Retreat Team and the Servant Council.

Cursillo (Cur-SEE'-yo) is a Spanish word that means "short course". ("Short" for "A Short Course in Christian Living"). It began in Spain in the Roman Catholic Church in the early 1940s. First, Roman Catholic Cursillos were held in the USA in 1957, in Spanish, and then eventually in English. It was taken up by the Episcopal Church in the USA in the mid 1970s and then by the Anglican Church in Canada.

Cursillo is a movement of the Church. Its purpose is to help those in the Church understand their individual callings to be Christian Leaders. The leadership may be exercised in work situations, in family and social life, in leisure activities, and within the Church environment. Leadership, in Cursillo, does not mean power over others, but influence on others; all of us need to be aware that we can exert a positive influence on those around us. Cursillo is patterned on Jesus' own example. He searched out and called a small group of potential leaders. He trained them by word and example and inspired them with a vision.

The cost for the weekend is \$180, with a deposit of \$75 required at time of registration. Balance is due before arrival for the weekend. Make checks payable to NJ Episcopal Cursillo. Contact Brother John Baptist if you would like to attend. Cursillo will be held at the Grove Hall Retreat & Conference Center, 15 Pilgrim Pathway, Ocean Grove, NJ 07756.

The phone number at Grove Hall is 732-775-6720.

# J2A YOUTH MARATHON RETREAT

**Friday, March 28<sup>th</sup>, 6 pm to Saturday, March 29<sup>th</sup>, 9 pm at St. David's Church**

We have planned an exciting J2A Youth Marathon which will begin with dinner on Friday evening. There will be time for Seniors and Juniors to have some small group and lesson time; fun and silliness (some of which is a surprise) and on Saturday a trip to do Outreach work, lunch out, and a variety of activities all ending with a special liturgy Saturday night. This experience is an important part of the J2A activities and we do hope that all the J2A members will make a firm commitment to this time together! Watch for a mailing with appropriate forms to fill out. Please fill them out as soon as you get them and return them to the church. If you do not receive the forms in the mail, please call Debi Ribardo at 908-334-3818 or Mother Linda at 609-306-6614. Forms are also available on the J2A bulletin board in Croes Hall.

**GET OUT YOUR RED SHIRTS and HOODED JACKETS ! WE WILL BE ON THE MOVE !!!**

## J2A SPRING SCHEDULE

SUNDAY, MARCH 2ND	5—8 pm	J2A Meeting
SUNDAY, MARCH 16TH	5—8 pm	J2A Meeting
FRI, MAR 28-SAT, MAR 29	Fri 6 pm—Sat 9 pm	J2A Marathon (Overnight at church)
FRI, APR 18-SUN, APR 20		Senior Retreat--12 <sup>th</sup> grade only St. John Baptist, Mendham Mother Valeria Balling, Spiritual Dir.

**NO SPRING "HAPPENING" IN 2008!**

SUNDAY, APRIL 13TH	5—8 pm	J2A Meeting
SUNDAY, MAY 4TH	Time & Place TBA	Final Meeting
		Final celebration dinner for Rite 13 and celebration dinner for the Seniors
SAT. MAY 10TH	Time TBA	Rite 13 Rehearsal
		Juniors, Celebrities, Jr. Staff, Musicians
SUNDAY, MAY 11TH	10 am	Rite 13 Ceremony & Eucharist
		All others help with Reception Following
SUNDAY, JUNE 8TH	11:15 am	Parish Picnic

## CONFIRMATION 2008...

This year St. David's will be joining with the other churches of the Trenton Convention at St. Michael's Church in Trenton for a service of confirmation, reception and re-affirmation with our Diocesan Bishop George Councill. The service will take place on Trinity Sunday, May 18 at 3 pm. In order to be considered for confirmation, candidates must be at least 14 years of age and have attended our J2A program for two years, OR be 16 years old and attend a series of Inquirer's Classes which will be held on three Sunday evenings in the spring (April 13, 27 & May 4). Please speak to the Rector or Mother Linda if you are interested in participating in this event or would like to find out more about becoming a member of St. David's Episcopal Church.

## Saint David's Swings at the 2008 Diocesan Acolyte Festival!

Imagine...over 225 acolytes from 34 parishes processing down the slate aisle of majestic Trinity Cathedral, the choir and organ filling the ear, the colors of all the different parish vestments and banners dazzling the eye. St. David's contingent is led by Crucifer Catherine Peters and Torchbearers Matthew Boyle and Kobie Crosley, followed by his brother Ajani flying high our banner with Natalie Sarchiapone, Charlotte Thomas, John Peters and I bringing up the rear, John and I with giant palm fronds in our hands. The entire procession re-enacts the glorious entrance of Jesus into Jerusalem and begins a deeply moving service that chronicles Christ's Passion right through to the triumphant resurrection of Easter.

Behind the army of Acolytes comes the Bishop's party led by none other than Thurifer Brian Lausten, his sensor swinging in amazingly huge circles. Where is Greta Van Veldhuisen? In the party that would serve the Bishop at the altar! Who would join the 30-member Acolyte Choir? Natalie and Charlotte! And so Saint David's helped lead the re-dedication service of the 8<sup>th</sup> Annual Diocesan Acolyte Festival in a very big way.

February 9<sup>th</sup> was a fabulous day of workshops, food, fellowship and fun to celebrate and enrich the ministry of acolyting, which as Bishop Councill proclaimed in his inspiring homily on reconciliation, "reverberates throughout time from our very first acolyte, Jesus." How is it possible to feel so immensely proud and profoundly humbled at the same time?

*David Miller*  
Acolyte Master

### **A PUBLIC SERVICE ANNOUNCEMENT--**

## **DO YOU KNOW THE WARNING SIGNS OF A STROKE???**

Every minute counts for stroke patients and acting F.A.S.T. can lead patients to the stroke treatments they desperately need. The most effective stroke treatments are only available if the stroke is recognized and diagnosed within the first THREE HOURS of the first symptoms. Actually, many Americans are not aware that stroke patients may not be eligible for stroke treatments if they arrive at the hospital after the three-hour window.

Use the following tool to help you recognize stroke symptoms and act F.A.S.T.--

## **ACT F.A.S.T.**

- FACE:** Ask the person to smile. Does one side of the face droop?
- ARMS:** Ask the person to raise both arms. Does one arm drift downward?
- SPEECH:** Ask the person to repeat a simple sentence.  
Are the words slurred? Can he/she repeat the sentence correctly?
- TIME:** If the person shows any of these three symptoms, time is important.  
Call 911 or get to the hospital FAST. Brain cells are dying.

"Understanding the warning signs is important because there are treatments we can give for stroke. If you understand the warning signs and get to the hospital quickly, we can even possibly reverse the stroke itself," says Dr. Dawn Kleindorfer, Assistant Professor of Neurology at University of Cincinnati School of Medicine.

### **LOOKING AHEAD:**

**LADIES!** Please mark your calendars for St. David's Third Annual Ladies Tea Social on Saturday, April 19, 2008 at 3:30 pm.

And...just in time to kick off the Summer season...our third celebration of CARIBBEAN NIGHT will be held on Saturday, June 28, 2008. Mark your calendars and stay tuned for all the exciting details to come!



## FROM THE DEACON'S BENCH

*A meditation from Deacon Rich Wisniewski*

Easter will be celebrated very early this year. If you are wondering why, you will find the answer on page 880 in The Book of Common Prayer. Now, if you are fond of trying to solve equations, you need go no further than page 881. But if you just want to know on what date Easter will be, or what date Easter was in a particular year from 1900 to 2089, just turn to pages 882 and 883 for the answer.

Maybe that question never entered your mind, and you were never curious about it. But I have a feeling that all of us have from time to time had some question about who we are as Christians, who we are as Episcopalians or what our Church teaches us about issues of faith. Answers to many of those questions can be found in The Book of Common Prayer. "An Outline of the Faith" commonly called the Catechism starts on Page 845. It is written in a question and answer format. Several "Historical Documents of the Church" are found on pages 864 thru 878 (have your magnifying glass handy). These documents will help in understanding the basis for many of the things we do as Episcopalian members of the one holy catholic and apostolic Church.

The historical documents are followed by the "Tables for Finding Holy Days" where you can find the date for Easter and the other movable Feasts and Holy Days. The last section provides us with the readings appointed for Sundays and Holy Days. It should be noted that The Sunday Lectionary has been changed to follow the RCL (Revised Common Lectionary) so if you refer to this section, you will notice that it may not always reflect the readings that we are using.

The last section is the "Daily Office Lectionary" which is used to find the appointed readings for a particular day during the week.

While much of this does not make for compelling reading, I do think that this resource is worth looking at, especially the Catechism and some of the Historical Documents.

My wife Sarah and I wish all of you a Blessed Easter!



## AN OPPORTUNITY FOR ARTISTS

### **"MANY GIFTS...ONE SPIRIT"**

## ECVA NJ'S SECOND ALL DIOCESE ART EXHIBITION

Rejoice in your giftedness! Artists have been blessed by God in a particular way. Each one of us has been given a unique visual voice with which to praise and acknowledge the Creator. In the season of Pentecost, allow the Holy Spirit to inspire you and infuse your art with grace and power!

Two years ago ECVA NJ sponsored the first All-Diocese Art Exhibition, entitled "**New Life**". This year we will be celebrating the gifts of visual artists throughout the Diocese with an Exhibition entitled "**Many Gifts, One Spirit**", to take place at Synod Hall, Trinity Cathedral from May 25- July 12, 2008 with a gala reception on Sunday afternoon, June 1, 2008 from 3-5 pm. Artists 18 years of age and older who are associated with the Episcopal Church in the Diocese of NJ are eligible.

Up to three pieces of original art in any medium, two-dimensional or three-dimensional: painting, sculpture, photography, mixed media, fiber art, stained glass, collage, etc., may be submitted. Two-dimensional art must be framed and ready to hang. The deadline for submissions is Friday, May 2, 2008. Art that has been exhibited previously in Synod Hall is not eligible.

Although this is not a juried show, due to space limitations, the exhibition committee may need to select only one or two from the pieces you submit. Please send an entry form along with slides, photos or digital images to Ruth Councill, c/o Diocese of New Jersey, 808 West State Street, Trenton, NJ 08618-5326 by May 2. **Entry forms** may be downloaded from the ECVA NJ Website at [www.newjersey.anglican.org/arts](http://www.newjersey.anglican.org/arts) or obtained by contacting Ruth Councill ([ruth@councill.net](mailto:ruth@councill.net) 609-730-8473) or Eileen Kennedy ([efkennedy@gmail.com](mailto:efkennedy@gmail.com) 732-741-5564). The entry fee is \$10.00.

Work chosen to be in the exhibit should be delivered to the Cathedral between Monday, May 19 and Friday, May 23.

You may choose to offer your work for sale. We ask that 25% of all sales go to the Cathedral. Purchased work must remain in the exhibition until its close.

Although we will exercise the utmost caution to assure that your work is safe and handled with care, neither ECVA NJ nor the Cathedral can be held financially responsible for lost, stolen, or damaged art work.

**For more information, please contact Ruth Councill or Eileen Kennedy.**