

The Tablet

St. David's Episcopal Church
90 South Main Street, Cranbury, NJ 08512
609-655-4731 — www.stdavidscranbury.com
office@stdavidscranbury.com

March 2025

Vol. 56, Number 3

Sunday Services

8:00 am Holy Eucharist I
10:00 am Holy Eucharist II

Wednesday Service

9:30 am Holy Eucharist and
Healing

Rector

The Rev. Amy S. Cornell

Deacon

The Rev. Carol Patterson

Pastoral Care

Chaplain Kate O'Connor,
MDiv, BCC

Director of Music

Dr. Brian Katona

Treasurer

John Patterson

Parish Administrator

Judy Henningsen

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word." Book of Common Prayer, page 264

If you have ever attended an Ash Wednesday liturgy in the Episcopal Church, you have heard this invitation. During the pandemic, these words became etched in my mind. I would like to say it was because I wanted to have them committed to memory, to carry with me their importance. However, it was more likely the fact that I wrote these very words on about 100 index cards to distribute when I was not able to impose ashes on the heads of those I served.

The challenge of this particular invitation is that it comes on the first day of the season. In the same way that we often wake up on that Wednesday morning and think "Uh-oh, I need to come up with something to give up!" But this Lent, let's take some time to consider the three elements and decide how to live into the actions of the charge. To begin with, self-examination and repentance can be an opportunity to get back in touch with ourselves. Spend some time thinking about the things that have been riding rent free in our heads, or taking up space in our hearts. And then find another opportunity to let them go. In the tradition of the Episcopal Church, there are two opportunities to confess our sins and receive absolution from them. The first occurs weekly in our celebration of Holy Eucharist. The second is the sacrament called Reconciliation of a Penitent. "The Reconciliation of a Penitent is available for all who desire it. It is not restricted to times of sickness. Confessions may be heard anytime...The absolution in these services may be pronounced only by a bishop or priest." *Lent is traditionally a time of repentance and an opportunity to be released from sin. If you would like to make an appointment to have your confession heard, please contact Mother Amy directly at rector@stdavidscranbury.com to schedule a time that is convenient for you.*

Prayer, fasting and self denial is not just limited to that one thing we "give up" for forty days. The tradition of eating no meat on Fridays and Wednesdays is one of those acts of self denial. Incorporating a new time to pray can be fit into our schedule at the time that is convenient, or seen as an opportunity to stretch our commitment. *Lent will include more opportunities for community worship, such as Stations of the Cross on Friday evenings. As usual, our Evening Prayer offering on Zoom will still take place on Tuesdays, Wednesdays and Thursdays. Stations begin at 7:30 pm and Evening Prayer can be reached at 5:30 pm logging in through the St. David's website.*

(continue on pg. 2)

Reading and meditating on God's Holy Word can again be incorporated at both an individual and communal level. The Lenten Discussion Group meeting on Wednesdays at 6:15 pm will be focused on Forgiveness by Marjorie Thompson. Lunch and Learn meets on the 2nd Wednesday of the month at 12:00 noon, and is using Roll Back The Stone to guide our scriptural discussions. And I will again be offering a daily email meditation around Lenten themes. *Sign up for any or all of these activities on the sign-up sheets found on the bulletin board at the church, or email office@stdavidscranbury.com to be added to the list.*

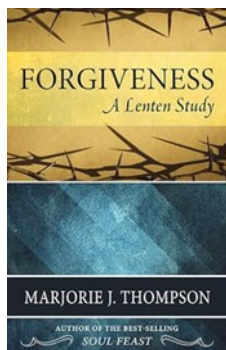
Let us look forward to a season of renewal, repentance and recommitment.

Mother Amy+



March Outreach Outreach Sunday, March 9, 2025

This month's Outreach donations will benefit the Henry J. Austin Health Center. Located in Trenton, HJAHC is the only local healthcare provider offering telehealth evaluations, for residents with no health insurance or primary doctor. Without HJAHC, many Trenton residents would not have access to testing or treatment. HJAHC serves as an advisor to the state of New Jersey, Mercer County and the City of Trenton.



FORGIVENESS

A Lenten Study by Marjorie Thompson is the book we will be discussing this Lenten season.

"Lent is an appropriate time to deepen our understanding and practice of forgiveness. We will be using biblical examples and real-life situations for discussions."

When: Wednesday evenings 6:15 p.m. - 8:30 p.m.

Dates: March 12 through April 9

Where: Fish Library

A light dinner of soup, bread and fruit will be provided. A sign up sheet is posted and books are available in the office. Questions, please see Deacon Carol. If you are unavailable to attend the in-person sessions, zoom sessions will be also be held on Monday evenings.

"All may, some should, none must."



In the tradition of the Episcopal Church, there are two opportunities to confess our sins and receive absolution from them. The first occurs weekly in our celebration of Holy Eucharist. The second is the sacrament called Reconciliation of a Penitent. "The Reconciliation of a Penitent is available for all who desire it. It is not restricted to times of sickness. Confessions may be heard anytime...The absolution in these services may be pronounced only by a bishop or priest." BCP page 446.

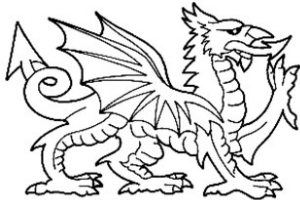
Lent is traditionally a time of repentance and an opportunity to be released from sin. If you would like to make an appointment to have your confession heard, please contact Mother Amy directly at rector@stdavidscranbury.com to schedule a time that is convenient for you.

St David's Day



St. David's Day (March 1)

This year St. David's Day will be celebrated on **Sunday, March 2nd**. St. David's Day is celebrated in Wales, in honour of Dewi Sant or St. David, the patron saint of Wales.



Who was St. David?

Why is he so important to the Welsh! And just how is St. David's Day celebrated in Wales today!

St. David's Day is celebrated in Wales on 1 March, in honour of Dewi Sant or St. David, the patron saint of Wales. Little is known about him for certain. What little information we have is based on an account of his life written by Rhigyfarch towards the end of the 11th century.

According to this Latin manuscript, Dewi died in the year 589. His mother was called Non, and his father, Sant, was the son of Ceredig, King of Ceredigion. After being educated in Cardiganshire, he went on pilgrimage through south Wales and the west of England, where it is said that he founded religious centres such as Glastonbury and Croyland. He even went on a pilgrimage to Jerusalem, where he was made Archbishop.

He eventually settled at Glyn Rhosyn (St. David's), in south-west Wales where he established a very strict ascetic religious community. Many miracles have been attributed to him the most incredible of which was performed when he was preaching at the Synod of Llanddewibrefi—he caused the ground to rise underneath him so that he could be seen and heard by all. How much truth is in this account of his life by Rhigyfarch is hard to tell. It much be considered that Rhigyfarch was the son of the Bishop of St. David's, and that the Life was written as propaganda to established Dewi's superiority and defend the bishopric from being taken over by Canterbury and the Normans.

From the 12th century onwards, Dewi's fame spread throughout South Wales and as far as Ireland and Brittany. St. David's Cathedral became a popular centre of pilgrimage, particularly after Dewi was officially recognized as a Catholic saint in 1120. From this period on, he was frequently referred to in the work of medieval Welsh poets such as Iolo Goch and Lewys Glyn Cothi. In 1398, it was ordained that his feast-day was to be kept by every church in the Province of Canterbury. Though the feast of Dewi as a religious festival came to an end with the Protestant Reformation in the 16th century, the day of his birth became a national festival during the 18th century.

Now March 1st is celebrated by schools and cultural societies throughout Wales. It is the custom on that day to wear either a leek or a daffodil—two of our national emblems—and for young girls to wear the national costume.



SHROVE TUESDAY PANCAKE SUPPER

TO GO _____ EAT IN _____

Please check one of the ABOVE

March 4, 2025

5-7 pm – Meirs Hall and Lobby

Included (single order)

*Pancakes (4 medium-large) * Gluten Free Upon REQUEST*

French Toast Sticks (2)

Sausage (3)

Bacon (2)

Applesauce

Syrup

Dessert

DONATION – Adults (12-up) \$12.00

Children (3-11) \$6.00 Under 3 – Free

RESERVATION/ORDER

NAME _____

of Adult Orders _____

of Child Orders _____

of Kids 3 - under _____

Pick up time _____

\$ Amount Due _____ (check in envelope please)



It's easy to join in the fun!

- 1) Get a group of friends together and get a table.
- 2) Plan to decorate as you want.
- 3) Create a team name.
- 4) Bring your trivia knowledge and all the snacks you want!

Come to Trivia Night at St David's

When: Saturday March 22nd Time: 6pm to 9pm

Where: St David's Meirs Hall

Cost: \$20 per person to support St David's (sign up sheet is posted)



**PRINCETON
BRASS BAND**

Princeton Brass Band Concert

Sunday March 23, 2025

3 pm at

St. David's Episcopal Church

Join Princeton Brass Band before we head to compete at the North American Brass Band championships in Fort Wayne, IN! We'll be showcasing our two works for the competition, Thierry Deleruyelle's Crazy Twenties as well as our 'Own Choice' selection! We'll also be joined by the Princeton Youth band under the direction of Max Morden! Be sure to join us for this wonderful afternoon of music and support two of your favorite brass bands! Free and open to the public (donations accepted).



Whether it's a family member, or a friend or neighbor, or a colleague at work, when someone close to us dies, it is not unusual to feel lost and alone. A whirlwind of feelings can overwhelm us, and we are challenged in our ability to cope with the changes in our life.

Being part of a support group with people who are experiencing similar kinds of feelings and struggles may help as you move through the process of grieving the loss of your loved one. It's never easy, and there's no quick fix, but a support group is a place where you will find gentleness, empathy, and no judgment of your unique circumstance.

Let us begin the walk toward healing together.

St. David's Grief Group will meet on Mondays for six weeks beginning on March 24th and ending on May 5th - no session during Holy Week on 4/14. Please speak with me if you are ready to accept this invitation.

Every blessing,

Kate O'Connor

609-658-7315—k_oconnor22@verizon.net



HOLY WEEK SCHEDULE

Sunday, April 13th: 8:00 am Holy Eucharist II, 10:00 am Holy Eucharist II
Palm Sunday Blessing of the Palms

Monday, April 14th: 7:00 pm Evensong

Tuesday, April 15th: 7:00 pm Stations of the Cross

Wednesday, April 16th: No Healing Service
 7:00 pm Tennebrae

THE TRIDUUM — THE GREAT THREE DAYS

Thursday, April 17th: 5:30 pm Dinner
Maundy Thursday 7:00 pm Holy Eucharist with Foot Washing &
 Stripping of the Altar
 9 pm Vigil at the Altar of Repose (please see sign up sheet)

Friday, April 18th: 6:00 am – Morning Prayer (Vigil Ends)
Good Friday Noon - Good Friday Service
 7:00 pm Good Friday Service

Saturday, April 19th: 7:30 pm Easter Vigil with Holy Eucharist II
Easter Vigil Easter Vigil Celebration!

April 20th — EASTER SUNDAY
Choral Eucharist 8 am & 10 am - No Church School

March

Birthdays



Anniversaries

8 Simone & Omar Kingwood



- | | | | |
|----|--|----|---|
| 1 | William Guardino | 17 | Judy Henningsen
Rebecca Pane |
| 3 | Eric John Curry
Myron Whitlock | | Frances Rak
Lisa Valenti |
| 4 | David Holmes
Catherine Peters | 19 | Ekene Owunna |
| 8 | Michael Carr
Natalia Walker | 20 | Bernadette Bruce |
| 9 | Paul Szymanski | 21 | Brennan Clissold |
| 10 | Tyler Cenci
Cassandra Pane
Victoria Pane | 22 | Ryleigh Farkas
Kristen Robinson |
| 12 | Ruth Mazujian
Marcy Ruhl O'Neill | 24 | Bonnie (Lee) Wagman |
| 13 | Deanna Emerson | 25 | Amy Cornell
Lydon Giske
Joyce Hiscock
Peter Wise |
| 14 | Barry Clark
Lindsay Herzog
Rob Sarchiapone | 26 | Jean Krupa |
| | | 27 | Gwen Lockhart |
| | | 28 | Bryn Peeters
Carol Reeder |



EASTER FLOWERS ORDER FORM -- 2025 (Any Donation—Deadline, April 13)

Your Name (Given By)

(Daytime Phone Number)

Date: April 20

In Loving Memory/
Celebration/Thanksgiving of:

Check Total = \$ _____

Please make checks payable to "St. David's Church".
Attn: Penny Stout

Donations should be received at signup and envelopes are available on the bulletin board next to the signup sheets.

Lay Participation Schedule for March 2025

10 am Service

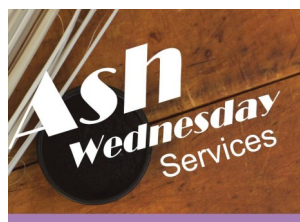
	March 2	March 9	March 16	March 23	March 30
Eucharistic Minister	Steve Channon	Tracy Smires	Kim Elaine Neighbor	Leslie Terhune	Tricia Metzger
Eucharistic Minister	Edmund Abramovitz	Corinne Peters	Tricia Metzger	Todd White	Corinne Peters
Intercessor	Steve Channon	Ray Torres	Tricia Metzger	Leslie Terhune	Tom Pearson
Lector-1st Lesson	Tara Dailey	Corinne Peters	Kathy Herzog	Brennan Clissold	Kate O'Connor
Lector-2nd Lesson	Edmund Abramovitz	Deacon Barbara	Kim Elaine Neighbor	Mike Duck	Kathy Herzog
Acolytes	Ashley Astudillo Arleen Astudillo Tracy Smires	Jessie Smires Leslie Terhune Tracy Smires	Collin Duck Kaylyn Eswine Joseph Eswine	Ashley Astudillo Arleen Astudillo Leslie Terhune	Leslie Terhune Tracy Smires Collin Duck
Ushers	John Patterson Dan Smires	Penny Stout Obafemi Sonubi	Richard Bennett Deanna Emerson	Carol Hartmaier David Thomsson	Jackie Asafu-Adjaye Bernadette Bruce
Presenters	Joyce Hiscock Penny Stout	Bernadette Bruce Deanna Emerson	Carol Hartmaier Virginia Davis	Terry & Rich Bennett	Phyllis Robinson Jean Hegedus
Verger	TBD	TBD	Maria Eswine	Tena Achen	TBD
Counters	Bernadette Bruce Jennie Herbert	John Patterson Penny Stout	David Thomsson Mary Ann White	Jackie Asafu-Adjaye Tena Achen	Joyce Hiscock Winsome Bailey

If you are unable to serve as scheduled, please arrange for a substitute and notify the church office ASAP, so that the change can be correctly listed in the bulletin.



The Episcopal Relief & Development 2025 Lenten Meditations Booklet can be found online. To access, please visit their website.

<https://www.episcopalrelief.org/church-in-action/lent>



Ash Wednesday Services

March 5, 2025

9:30 a.m.	Imposition of Ashes (no Healing Service)
Noon	Imposition of Ashes
7:00 p.m.	Choral Eucharist w/Imposition of Ashes

Just a reminder: if you have blessed palms from last year and would like them to be used for our Ash Wednesday imposition of ashes, please drop them off at St. David's **no later than Sunday March 2nd**. They will be burned at the Pancake Supper gathering.

March 2025

Room Legend

- s—Sanctuary
- mh—Meirs Hall / fl—Fish Library
- dc—Double Classroom - bc-J2A Classroom

- * Sunday Services *
- 8 am — Holy Eucharist I
- 10 am — Holy Eucharist II, Church School & Nursery

SUN	MON	TUE	WED	THU	FRI	SAT
23	24	25	26	27	28	Mar 1
<ul style="list-style-type: none"> ● 8am Holy Eucharist II (s) ● 10am Holy Eucharist II (s) & Zoom ● 10am Sunday School 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9:30am & 10:30 am Jazzercise (mh) ● 12:30pm AA (mh) 2 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 8:30am Jazzercise (mh) ● 10am Tai Chi (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 9:30am Holy Eucharist Healing (s) 6 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 11am Women's AA (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 10am Office Closed 3 more 	<ul style="list-style-type: none"> ● 9am New Life SDA Church (s) ● 9am Jazzercise (mh) ● 10am History Discussion Grp (fl) 3 more
2	3	4	5	6	7	8
<ul style="list-style-type: none"> ● 8am Holy Eucharist II (s) ● 10am Holy Eucharist II (s) & Zoom ● 10am Sunday School 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9:30am & 10:30 am Jazzercise (mh) ● 12:30pm AA (mh) 2 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 8:30am Jazzercise (mh) ● 10am Tai Chi (mh) 6 more 	<p style="text-align: center;">Ash Wednesday</p> <ul style="list-style-type: none"> ● 9:30am Imposition of Ashes (s) ● 12pm Imposition of Ashes (s) ● 7pm Holy Eucharist w/Imposition of 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 11am Women's AA (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 10am Office Closed 3 more 	<ul style="list-style-type: none"> ● 9am New Life SDA Church (s) ● 9am Jazzercise (mh) ● 11am Hall Rental (AA Event) ● 7pm Pentecostal (s)
9	10	11	12	13	14	15
<ul style="list-style-type: none"> ● 8am Holy Eucharist I (s) ● 10am Holy Eucharist II (s) & Zoom ● 10am Sunday School 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9:30am & 10:30 am Jazzercise (mh) ● 12:30pm AA (mh) 2 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 8:30am Jazzercise (mh) ● 10am Tai Chi (mh) 4 more 	<ul style="list-style-type: none"> ● 9am Jazzercise (mh) ● 9:30am Holy Eucharist Healing (s) ● 12pm Lunch & Learn (fl) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 11am Women's AA (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 10am Office Closed 3 more 	<ul style="list-style-type: none"> ● 9am New Life SDA Church (s) ● 9am Jazzercise (mh) ● 11am 11 am NA Meeting (mh) ● 7pm Pentecostal (s)
16	17	18	19	20	21	22
<ul style="list-style-type: none"> ● 8am Holy Eucharist I (s) ● 10am Holy Eucharist II (s) & Zoom ● 10am Sunday School 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9:30am & 10:30 am Jazzercise (mh) ● 12:30pm AA (mh) 2 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 8:30am Jazzercise (mh) ● 10am Tai Chi (mh) 5 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 9:30am Holy Eucharist Healing (s) 5 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 11am Women's AA (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 10am Office Closed 3 more 	<ul style="list-style-type: none"> ● 9am New Life SDA Church (s) ● 9am Jazzercise (mh) ● 6pm Trivia Night (mh) ● 7pm Pentecostal (s)
23	24	25	26	27	28	29
<ul style="list-style-type: none"> ● 8am Holy Eucharist I (s) ● 10am Holy Eucharist II (s) & Zoom ● 10am Sunday School 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9:30am & 10:30 am Jazzercise (mh) ● 12:30pm AA (mh) 2 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 8:30am Jazzercise (mh) ● 10am Tai Chi (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 9:30am Holy Eucharist Healing (s) 5 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 11am Women's AA (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 10am Office Closed 3 more 	<ul style="list-style-type: none"> ● 9am New Life SDA Church (s) ● 9am Jazzercise (mh) ● 10am History Discussion Grp (fl) ● 7pm Pentecostal (s)
30	31	Apr 1	2	3	4	5
<ul style="list-style-type: none"> ● 8am Holy Eucharist I (s) ● 10am Holy Eucharist II (s) & Zoom ● 10am Sunday School 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9:30am & 10:30 am Jazzercise (mh) ● 12:30pm AA (mh) 2 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 8:30am Jazzercise (mh) ● 10am Tai Chi (mh) 5 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 9:30am Holy Eucharist Healing (s) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 11am Women's AA (mh) 4 more 	<ul style="list-style-type: none"> ● 7am AA (mh) ● 9am Jazzercise (mh) ● 10am Office Closed 3 more 	<ul style="list-style-type: none"> ● 9am New Life SDA Church (s) ● 9am Jazzercise (mh) ● 1pm Knitters Group (fl) 2 more

The Tablet

**St. David's Church
90 South Main Street
Cranbury, NJ 08512**



March 2025

**St. David's Church welcomes all in the loving Spirit of Christ,
through Faith, Worship, Nurture and Community**

St. David's Vestry Members — 2025

Tracy Spires, Senior Warden

Kathy Herzog, Junior Warden

Edmund Abramovitz, Liturgy

Tena Achen, Finance

Tom Pearson, Christian Formation

Jo Cornell, Fundraising

Deanna Emerson, Evangelism

Jon Harding, Outreach

Maria Eswine, Building & Grounds

Todd White, Communications

Leslie Terhune, Liturgy